

BALKANSKO ATLETSKO PRVENSTVO ZA SENIORE-KE BEOGRAD - SMEDEREVO 2021

TEAM MANUAL



























GENERAL INFORMATION

74th BALKAN SENIOR CHAMPIONSHIPS will be held in Smederevo, Serbia.

Competition will take place on 26/27. June 2021.

Stadium is in the beautiful ambient of 14th century Smederevo Fortress.

Competition venue is located 1 h 15 min by bus from Official Team Hotels.

GENERAL TIME SCHEDULE: Thursday, 24th June

Teams' arrival

Friday, 25th June

Teams' arrival

16:00 – 18:00 – Official training session at competition venue

16:30 – 17:30 – Official training with starters

17:00 - TECHNICAL MEETING

Saturday, 26th June

10:30 - Start of the competition - Day 1

15:30 – Opening ceremony.

20:00 - End of the competition - Day 1

Sunday, 27th June

10:30 - Start of the competition - Day 2

20:00 – End of the competition – Day 2

Teams' departure

Monday, 28th June

Teams' departure



























2. LOC CONTACTS

LOC PRESIDENT / Slobodan BRANKOVIĆ <u>office@serbia-athletics.org.rs</u>

COMPETITION / Predrag MOMIROVIĆ +381 64 8618844

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TECHNICAL DELEGATE / Marko RISTOV +381 64 8816275

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MEDIA / Katarina BRANKOVIĆ +381 64 8618845

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PROTOCOL / Tanja BRANKOVIĆ <u>office@serbia-athletics.org.rs</u>



























3. COMPETITION MANAGEMENT

COMPETITION DIRECTOR / Predrag MOMIROVIĆ
MEETING MANAGER / Milena ACIĆ ZARIĆ
TECHNICAL MANAGER / Goran MILOSAVLJEVIĆ
OFFICIALS / Cica ĆATIĆ
TIC MANAGER / Vesna REPIĆ ĆUJIĆ
COMPETITION SECRETARY / Bojana KALIČANIN
OPENTRACK – RESULTS / Isidora ĆULIBRK
VOLUNTEERS / Ana PAUNOVIĆ
VICTORY CEREMONIES / Aleksandar VULEVIĆ
ANNOUNCERS / Radoslav SIMIĆ & Nebojša RADOVIĆ
DOPING CONTROL / ADAS

TECHNICAL DELEGATE / Marko RISTOV

JURY OF APPEAL: 1.

2.

3

4. PARTICIPATING COUNTRIES

ALBANIA	ALB
ARMENIA	ARM
AUSTRIA	AUT
AZERBAIJAN	AZE
BOSNIA AND HERZEGOVINA	BIH
BULGARIA	BUL
CROATIA	CRO
CYPRUS	CYP
GEORGIA	GEO
. GREECE	GRE
. ISRAEL	ISR
. NORTH MACEDONIA	MKD
. MOLDOVA	MDA
. MONTENEGRO	MNE
. ROMANIA	ROU
. SLOVENIA	SLO
. TURKEY	TUR
. UKRAIN	UKR
. SERBIA	SRB
	ARMENIA AUSTRIA AZERBAIJAN BOSNIA AND HERZEGOVINA





























5. **TRANSPORTATION**

Upon arival at the Belgrade "Nikola Tesla" airport official transportation will be provided from the airport to the hotel.

Official transportation will be provided for all teams from the hotel to the competition venue as follows:

Friday 25. June (official training):

Deprture from the hotel:

14:00

Departure from the competition venue:

18:30

Saturday / Sunday 26/27. June (competition days)

Departures from the hotel:

7:30

10:00

13:15

Departures from the competition venue:

11:30

17:30

20:30

Approximate travel time is 1 h 15 min.

VAULTING POLES – If arrived by plane, poles will be transported by LOC from airport to Smederevo to the Competition Venue.

If arrived by bus athletes' poles will be transported by athletes from the hotel to competition site via Official Transportation Buses. Poles can stay in the storage room in Smederevo after Official training or athletes may carry their poles with them in the Bus. Note that athletes must transport their poles back to the hotel via Bus after the end of the last day of competition. For additional information or inquires please contact Logistics Manager at petar.matic@wabelgrade22.com.

Please note that additional information will be distributed through the Hotel info desks.





























6. ACCOMMODATION

Participating teams will be accommodated in 4 official Hotels:

Hotel Crowne Plaza, Vladimira Popovića 10, Belgrade https://www.ihg.com/crowneplaza/hotels/us/en/belgrade/begcp/hoteldetail

Hotel Holiday inn, Španskih boraca 74, Belgrade https://www.ihg.com/holidayinn/hotels/us/en/belgrade/begbg/hoteldetail

B Hotel, Zemunska 24, Belgrade https://www.bhotels.rs/en

Hotel M, Bulevar oslobođenja 56a, Belgrade http://www.hotel-m.com/en/

Each hotel will have appointed 1 attaché for all teams accommodated in that hotel.

ATTACHÉ CONTACTS

Hotel Crown Plaza – Biljana RAŠIĆ +381 60 5277758 Hotel Holiday inn – Verica JOVANOVIĆ +381 60 4413084 B hotel – Petra ODRI +381 60 3111233 Hotel M – Darja ĐOKIĆ +381 64 5055355

Every hotel will have Information desk. Please note that all Team members will get accreditations upon arrival at the hotel. All necessary information can be obtained through the Hotel Info desks and Hotels' attaches.



























MEALS

Meals will be served as follows:

BREAKFAST: 6:30 – 10:00 **LUNCH*:** 12:00 – 14:30 **DINNER:** 20:00 – 22:30

*Teams can choose between lunch at the hotel or Lunch Box that will be prepared by the hotel.

Lunch Inquiries Form must be sent no later than Thursday, 24th June.

Note that Team Leader must submit the Lunch Inquires Form (appendix) not later than Thursday 24th June. When deciding please take in the careful consideration Competition Timetable and Transportation Schedule.

FINANCIAL OBLIGATIONS:

As per ABAF Competition Regulations hosting Federation will cover board and lodging expenses for a maximum of 3 nights for up to 30 persons (22 athletes and 8 officials) or in case of 10 or less participating athletes for only 2 officials. For teams traveling by bus the drivers will not count in above quota, but their accommodation will be covered by hosting Federation.

For all additional participants (both athletes and officials) above quota or for any stay exceeding the number of days covered by LOC, visiting Federation shall pay fixed rate of 50€ full board accommodation per person per day.



























7. COMPETITION

A. TECHNICAL MEETING

Technical meeting will be held on Friday, 25th June in Smederevo in City Hall that is located 10 min away by walk from the competition venue.

Agenda of the Technical Meeting:

- Competition Regulations and Procedures
- Final Confirmation
- BIBs distribution
- High Jump & Pole Vault heights
- Jury of Appeal Member selection
- Team Leaders Question

Complete agenda of the meeting with additional information will be given in the Hotel info desk upon arrival.

FINAL CONFIRMATION AND WITHDRAWALS – Upon arrival each Team will receive their Entry List. All changes (withdrawals, athletes missing from the list) must be submitted at the Technical Meeting at the latest. No changes will be possible after Technical Meeting.

B. OFFICIAL TRAINING

Official training will be held on Friday 25th June at competition venue in Smederevo.

Time schedule:

Bus departure from the hotel: 14:00 h Beginning of the training: 16:00 h

Training with starters: 16:30 h - 17:30 h

End of the training: 18:00 h Leaving the stadium: 18:30 h

Transportation is provided. Please do not be late and follow transportation schedule.

Athletes will have access to the competition area, warm-up area and outdoor gym (barbells, weights, bench and stands)



























C. REGULATIONS

Competition will be conducted in accordance with WA Competition and Technical Rules and ABAF Regulations.

Each Federation can enter no more than 2 athletes per event.

Only athletes at least 16 years old on the 31st December of te year of the competition may participate in the competition.

Only athletes at least 18 years old on the 31st December of the year of the competition may participate in the Shot Put for Men and Hammer Throw for Men

Only athletes that achieved Entry Standard may participate. But each Federation will have guaranteed number of 5 male and 5 female athletes in the competition no matter of entry standards.

Team scoring up to 8th place will be done only for statistical purposes.

D. TIC

TIC is located at the competition venue next to the Call Room

TIC working hours

Friday, 25th June 15:00 h – 18:30 h

Saturday/Sunday $26^{th}/27^{th}$ June 8:00 h – 20:30 h

Procedures at the TIC:

- Distribution of Technical information
- Submission of personal implements
- Submission of Relay Team Form (NO LATTER THAN 1.5 hour
- Submission of the Appeal to the Jury of Appeal
- Return of the confiscated items and personal implement
- Communication with the Teams



























E. CALL ROOM

Call Room Is located next to the second bend of the track.

All athletes must report to the Call Room prior to the events according to the Call Room Timetable.

If athlete participates in more than one event simultaneously, they must mention that to the officials in the Call Room.

In the call room officials will check athletes' BAGS, CLOTHING, SHOES and BIBS.

CLOTHING – all athletes must wear official Team Vests

SHOES – athletes' shoes will be checked – heal / sole, spikes, and model. Note that athlete must use spikes up to 9 mm in length except for High Jump and Javelin Throw where maximum length of the spikes may be 9 mm.

If officials notice that shoe is not complying with rule 5 of WA Technical Rules such shoes may be confiscated and sent to the WA for further inspection.

All items not complying with WA Competition and Technical Rules will be confiscated and returned to athletes after the event at the TIC.

Athletes will not be allowed to exit call room with following items: mobile phones, video recorders, radios, CD, radio transmitters or similar devices.

Please note that chalk is not allowed for marking the runway or throwing circle and that check may be confiscated by officials.

At the call room athletes will be able to use 40 m x 3 m area covered in synthetic surface for additional practise / warm-up.

All athletes will be escorted to the field of play by official. No athlete can leave the call room on their own.

Athletes will leave the call room as follows:

- Track events 20 min prior to the start of the event
- Hurdle events and Field events 25 min prior to the start of the vent
- Pole vault 60 min prior to the start of the vent

Please note that exact times will be given in the Call Room timetable.



























F. WARM-UP AREA

Warm up area is located outside the fortress. Please note that warm up area is separated into three areas: GENERAL WARM-UP, SHOT PUT WARM-UP and LONG THROWS WARM-UP.

For sprint and hurdle races athletes will be allowed to practice on the track but only after the they finish call room procedures.

G. COMPETITION AREA

FIELD OF PLAY:

- 8 tracks
- 2 horizontal jumps landing areas
- 1 High Jump landing area
- 1 Pole Vault landing area
- 2 Shot Put circles
- 1 Hammer/Discus Throw circle
- 1 Javelin Throw runway

Track and runways are covered in synthetic surface SPURTAN WS.



























H. RESULTS

For all track events results will be measured by FinishLynx system. FinishLynx False start system will be in place as well. Timing will be done by Serbian athletic Federation.

For long throws results will be measured by FinishLynx EDM system.

For horizontal jumps and Shot Put results will be measured by steel tape.

All results will be published on:

- Info Board near the TIC / CALL ROOM
- Hotel Info Desks
- Serbian Athletics Federation website –
 https://sas.org.rs/balkan-athletics-senior-championships/
- ABAF website –
 http://www.balkan-athletics.eu/
- LIVE results will be available on OPENTRACK platform https://serbia.opentrack.run/en-gb/x/2021/SRB/bch21/

LIVE FEED — Serbian Athletics Federation YouTube channel https://www.youtube.com/channel/UC5TveYrmjA210Uz4FJjy-RA



























THROWING IMPLEMENTS

Organiser will provide implements that are listed below. Personal implements must be submitted at the TIC no latter that 1 hour before the start of the event

OFFICIAL IMPLEMENTS LIST

SHOTS

- 1. NISHI 7.26 kg Ø129 STEEL
- 2. POLANIK 7.26 kg Ø123 STEEL
- 3. NELCO 7.26 kg Ø128 YELLOW
- 4. NORDIC 4 kg Ø104 BLACK
- 5. POLANIK 4 kg Ø128 GOLD
- 6. NELCO 4 kg Ø109 RED

HAMMER

- 1. POLANIK 7.26 kg Ø110 GOLD
- 2. ATE 7.26 kg Ø110 SILVER
- 3. POLANIK 4 kg Ø95 BLUE

DISCUS

- 1. NELCO 2 kg WHITE/GOLD
- 2. ATE 1 kg WHITE/GOLD
- 3. NORDIC 1 kg BLACK/GOLD

JAVELIN

- 1. NORDIC 800 g NORDIC MASTER 70
- 2. POLANIK 800 g 90 m
- 3. POLANIK 800 g 80 m
- 4. NORDIC 600 g NORDIC STAR
- 5. NORDIC 600 g NORDIC DIANA 60
- 6. POLANIK 600 g 70 m





























J. PROTESTS AND APPEALS

Protest and Appeals will be processed in accordance with Rule 8 of WA Technical Rules.

Protests during the competitions shall be made by athletes or their representative orally to the Referee no later than 30 min after publishing of the results.

Appeal must be submitted in the written form to the Jury of Appeal through the TIC no later than 30 min after the decision of the Referee upon a protest. Appeal must be written on English language.

When submitting the appeal, a deposit of **85**€ must be paid. If decision of Jury of Appeal is in the favour of the athlete/team submitting the appeal the deposit will be returned.

K. BIBs

Each athlete will receive three BIBs.

2 BIBs must be wearing on the back and the chest except in jumping events where athlete my wear one BIB on the back or the chest.

For Relay events all athletes must wear their BIB on the back and Country Code BIB on the chest.

BIBs will be given to the Team Officials after the Technical Meeting.

L. CEREMONIES

Opening ceremonies will be conducted at the first day of the competition on Saturday, 26th June at 15:30 h.

Medal ceremony will be conducted for the first three athletes in each event. First three athletes will receive medals.

First three athletes must report to the Medal Ceremony no later than 15 min after the publishing of the results.

Athletes must appear for their Medal Ceremony, and they must wear their official clothing (national team vest)



























M. OTHER PROCEDURES

STARTER'S COMMANDS will be given in English.

There will only Final rounds for all events except 100 m. For 100 m there will be 2 round and best 8 athletes will compete in the Final. Progression to the Final round will be determined after Final confirmation at the Technical Meeting.

Prior to the start of the Event all athletes will be presented by official announcer. For Field Events they will be presented 5 min prior to the start of the event and for Track events 3 min prior.

All athletes must participate during presentation.

Relay Confirmation Form must be submitted at the TIC no later than 1.5 hour prior to the start of the event.

8. MEDICAL & ANTIDOPING

During official training and during competition medical service will be provided at the competition site. Physiotherapy will be provided at the team reasting area.

Doping control will be conducted by National Antidoping Agency (ADAS). As per ABAF regulations doping control will be conducted for 3 men and 3 women. Selection will be made by Technical delegate. Technical delegate will determine events and placings of the athletes that will be selected for doping control prior to the competition.

PCR TESTING & COVID PROTOCOL

PCR AND ANTIGEN TESTING

PCR and Antigen testing will be conducted on Sunday, 26th June in the Teams' Hotel from 22:00 h.

Results will be available in printed form in the Hotel Info Desks and sent via e-mail to the Team leaders on Sunday.



























Prior to the sample collection check if name, surname, and date of birth are correctly written by medical officer.

Note that testing will start at 22:00 h but teams will be but into smaller groups to avoid waiting in small areas. The groups and testing schedule will be provided on Hotel Info Desks.

IMPORTANT: Testing can be conducted only if the payment (77€ per PCR and 35€ per Ag test) is made prior to the testing. Participating Federations will receive invoice and please make sure that payment is done in due time.

COVID-19 PROTOCOL

During your stay in please make sure to make 2 m safe distance. Additional, if distance cannot be maintained it is best to wear a face mask.

Face masks are still mandatory in the closed spaces (coffee shops, market, restaurants, shops, buses, cars etc)

Prior to entering Call Room all athletes are mandatory to disinfect their hands whit provided disinfectant.

For additional safety all implements will be disinfected after use.

Any additional protocols will be distributed to the Teams in due time.

10. SECURITY

Security will be in place at the competition site and warm-up area.

Please note that all Team members will get accreditations upon arrival at the hotel. Accreditations must be worn all the time.



























11. APPENDIXES

PROVISIONAL TIMETABLE

START TIME	DAY 1 – Saturday 26.6.2021. / 1. DAN – Subota 26.6.2021.		
VREME	EVENTS / DISCIPLINE		
POČETKA	EVERTS / DISCH LINE		
10:30	100 m Hurdles HEPTATHLON / 100 m prepone SEDMOBOJ	WOMEN / SENIORKE	
11:00	100 m DECATHLON / 100 m DESETOBOJ	MEN / SENIORI	
11:30	High Jump HEPTATHLON / Skok uvis SEDMOBOJ	WOMEN / SENIORKE	
12:00	Long Jump DECATHLON / Skok udalj DESETOBOJ	MEN / SENIORI	
13:30	Shot Put DECATHLON A / Bcanje kugle DESETOBOJ A	MEN / SENIORI	
14:00	Shot Put HEPTATHLON B / Bacanje kugle SEDMOBOJ B	WOMEN / SENIORKE	
14:00	Hammer Throw / Bacanje kladiva	MEN / SENIORI	
14:30	100 m SEMIFINAL / 100 m Polufinale	WOMEN / SENIORKE	
15:00	100 m SEMIFINAL / 100 m Polufinale	MEN / SENIORI	
15:05	Pole Vault / Skok motkom	WOMEN / SENIORKE	
15:10	High Jump DECATHLON / Skok uvis DESETOBOJ	MEN / SENIORI	
15:15	Triple Jump / Troskok	WOMEN / SENIORKE	
15:30	OPENING CEREMONY / CEREMONIJA OTVARANJA		
15:55	400 m Hurdles / 400 m prepone	WOMEN / SENIORKE	
16:05	Discus Throw / Bacanje diska	WOMEN / SENIORKE	
16:20	400 m Hurdles / 400 m prepone	MEN / SENIORI	
16:40	200 m HEPTATHLON / 200 m SEDMOBOJ	WOMEN / SENIORKE	
16:50	400 m DECATHLON / 400 m DESETOBOJ	MEN / SENIORI	
17:00	400 m Heats / 400 m grupe	WOMEN / SENIORKE	
17:20	400 m Heats / 400 m grupe	MEN / SENIORI	
17:30	Long jump / Skok udalj	MEN / SENIORI	
17:40	800 m Heats / 800 m grupe	WOMEN / SENIORKE	
17:55	100 m FINAL / 100 m Finale	WOMEN / SENIORKE	
18:00	High Jump / Skok uvis	MEN / SENIORI	
18:05	100 m FINAL / 100 m Finale	MEN / SENIORI	
18:15	1500 m	MEN / SENIORI	
18:25	3000 m	WOMEN / SENIORKE	
18:30	Javelin Throw / Bacanje koplja	WOMEN / SENIORKE	
18:40	Shot Put A / Bacanje kugle A	MEN / SENIORI	
18:50	3000 m Steeple / 3000 m sa preprekama	WOMEN / SENIORKE	
19:15	5000 m	MEN / SENIORI	
19:40	4 x 100 m Relay / 4 x 100 m štafeta	WOMEN / SENIORKE	
19:50	4 x 100 m Relay / 4 x 100 m štafeta	MEN / SENIORI	





























START TIME	DAY 2 – Sunday 27.6.2021. / 2. DAN –Nedelja 27.6.2021.		
VREME	EVENTS / DISCIPLINE		
POČETKA	EVENTS / DISCH LINE		
10:30	Pole Vault / Skok motkom	MEN / SENIORI	
10:30	110 m Hurdles DECATHLON / 110 m prepone DESETOBOJ	MEN / SENIORI	
11:00	Long Jump HEPTATHLON / Skok udalj SEDMOBOJ	WOMEN / SENIORKE	
11:30	Discus Throw DECATHLON / Bacanje diska DESETOBOJ	MEN / SENIORI	
12:30	Javelin Throw HEPTATHLON / Bacanje koplje SEDMOBOJ	WOMEN / SENIORKE	
14:30	Pole Vault DECATHLON / Skok motkom DESETOBOJ	MEN / SENIORI	
14:30	Hammer Throw / Bacanje kladiva	WOMEN / SENIORKE	
15:15	Triple Jump / Troskok	MEN / SENIORI	
15:45	100 m Hurdles / 100 m prepone	WOMEN / SENIORKE	
16:00	110 m Hurdles / 110 m prepone	MEN / SENIORI	
16:30	200 m Heats / 200 m grupe	WOMEN / SENIORKE	
16:30	Javelin Throw DECATHLON / Bacanje koplja DESETOBOJ	MEN / SENIORI	
16:50	200 m Heats / 200 m grupe	MEN / SENIORI	
17:20	800 m Heats / 800 m grupe	MEN / SENIORI	
17:30	Long jump / Skok udalj	WOMEN / SENIORKE	
17:40	800 m HEPTATHLON / 800 m SEDMOBOJ	WOMEN / SENIORKE	
17:45	Discus Throw / Bacanje diska	MEN / SENIORI	
17:55	1500 m	WOMEN / SENIORKE	
18:15	1500 m DECATHLON / 1500 m DESETOBOJ	MEN / SENIORI	
18:00	High Jump / Skok uvis	WOMEN / SENIORKE	
18:05	Shot Put A / Bacanje kugle A	WOMEN / SENIORKE	
18:30	3000 m	MEN / SENIORI	
18:50	3000 m Steeple / 3000 m sa preprekama	MEN / SENIORI	
19:00	Javelin Throw / Bacanje koplja	MEN / SENIORI	
19:10	5000 m	WOMEN / SENIORKE	
19:40	4 x 400 m Relay / 4 x 400 m štafeta	WOMEN / SENIORKE	
19:50	4 x 400 m Relay / 4 x 400 m štafeta	MEN / SENIORI	

























MAP OF THE COMPETITION VENUE

